Badger Community Education Fall 2016

October - December

Badger Independent School District No. 676 110 Carpenter Avenue P.O. Box 68 Badger, MN 56714

218-528-3201 (Phone) 218-528-3366 (Fax) www.badger.k12.mn.us

FLOW YOGA (ADULT CLASS)

This class is for students who have had some Yoga experience. Fundamental postures continue to be interwoven towards slightly more challenging sequences and postures along with breathing techniques.

Days: Tuesdays Session 1

Oct. 4, 11, 18, 25, Nov. 1

Tuesdays **Session 2** Nov. 15, 22, 29, Dec. 6, 13

Times: 5:45 – 7:00 p.m. Instructor: Diann Hauger Location: Kindergarten Room Cost: \$20.00 per session

Class limit: 13 per session

THAI COOKING with KET

Join Ket Christianson as she guides you through 4 different Southeast Asian recipes over four evenings. Ket will show you simple ways to make tasty meals and have lots of fun at the same time!

October 5 – Quick & Easy Sukiyaki Soup

October 13 – Curry Stir Fry

October 17 – Beef Teriyaki

October 26 – Sweet and Sour Tilapia

Days: October 5, 13, 17, 26 Times: 5:00 – 7:00 PM

Cost: \$30.00

Instructors: Ket Christianson Location: FACS Room

AARP SMART DRIVER REFRESHER COURSE

The AARP Smart Driver refresher course provides research-based information to help you update your driving knowledge and skills. You will learn defensive driving methods and safety strategies, refresh your knowledge of the rules of the road as well as how to drive more safely and confidently. Please bring your drivers license and AARP card.

Days: Thursday, October 13

Time: 6-10 PM

Cost: \$20 non AARP members

\$15 AARP members

Instructor: Micky Hulst Location: ITV Lab

PUMPKIN CARVING

Take home a completed jack-o-lantern just in time for Halloween! K-6 students with the help of a parent can enjoy the tradition and creativity of pumpkin carving. Pumpkins and carving tools will be provided. Adult attendance and supervision is required.

Day: Thursday, October 27 Time: 6:30 – 8:00 p.m.

Instructor: Heidi Borgen Warne

Location: FACS room

Cost: \$10.00 Class limit: 15

EARLY CHILDHOOD FAMILY EDUCATION

Early Childhood Family Education is for birth through age four children. Parents and their children meet on Tuesday evenings to participate in learning activities and crafts; receive parenting tips and information; check out books and activity packets. A light snack is provided. Daycare is provided for older siblings during the in-school class time. Classes begin on Tuesday, October 6. Parents will receive a separate flyer on the theme and activities for each class. Call the school office to make sure you and your child are on the ECFE mailing list.

Days: Tuesdays

October 4, 11, 18, 25 November 1, 15, 22 December 6

Times: 6:00 - 7:00 p.m.

Instructors: Gretchen Lee & Heidi Warne Location: Badger Preschool Room.

IMAGINATION LIBRARY

Parents with children birth to age five are encouraged to enroll their child in the Dolly Parton Imagination Library. Children will receive an age appropriate book each month in the mail. The program is FREE to district residents. Parent responsibilities are to submit an official registration form to the school office, notify the district of any address changes and read with your child. Registration forms are available in the district office.

EARLY HEAD START

Early Head Start for children birth to age four is offered through Northwest Community Action. For additional information and eligibility criteria contact Mark Carlson at 218-528-3227. Centers are held in the Badger Preschool room and the local instructor is Sylvia Christianson.

OPEN GYM

Students in grades 3 and up are invited to utilize the school gym on Sundays. Students younger than grade 3 MUST be accompanied by a parent. The small gym (cafeteria) is available for the younger students and their parents to use – we separate the age groups for safety reasons. School and special events take priority over open gym. Cooperation, respect for school property and good sportsmanship are key to the success of this activity.

Days: Sundays

November 6, 13, 20, 27 December 4, 11, 18

Times: 3:30 - 5:00 p.m.

Supervisors: Jordan Creviston, John Lee

Angie Swenson, Stacey Warne

Location: Gym Cost: FREE

ADULT BASIC EDUCATION

The Northwest Service Cooperative Adult Basic Education helps adult learners achieve high school equivalency (GED or Adult Diploma); become United States citizens; speak and write the English language; attain employment skills and/or improve their current employment; become self-sufficient; master basic academic skills to help their children succeed in school; attain skills necessary to enter post-secondary education and training; and gain self-esteem, personal confidence and a sense of personal and civic responsibility. Questions about the program should be directed to Kirsten Fuglseth at (218)-681-0886.

BADGER COMMUNITY EDUCATION REGISTRATION FORM

| NAME | |
|--------------|-----|
| PHONE NUMBER | |
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| CLASS (ES) | FEE |
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- Register by mail or at the school office between 8:00 a.m. and 4:00 p.m. Monday through Friday.
- Fees are to be paid before the first session of class.
- Anyone, resident or non-resident, age 16 or older may register for class(es) unless a different age is noted in the class description.
- Make checks payable to: Badger School Community Education, unless indicated otherwise in the class description.
- Refunds will be made if class is cancelled.
- We will cancel a class if enrollment is insufficient. All registered individuals will be notified if a class is cancelled.
- No confirmation assume the class will be held, unless you are notified otherwise.
- Badger Community Education questions can be directed to Tom Jerome or Stacey Warne at 528-3201.

Please contact the Badger School Office at 528-3201 with your ideas and suggestions for future Community Education class offerings OR if you are interested in teaching a Community Education class.